

2018 Adolescent Mental Wellness Conference Overcoming Cultural Barriers to Access

Lucile Packard Children's Hospital Stanford

Center for Youth Mental Health & Wellbeing, Dept. of Psychiatry and
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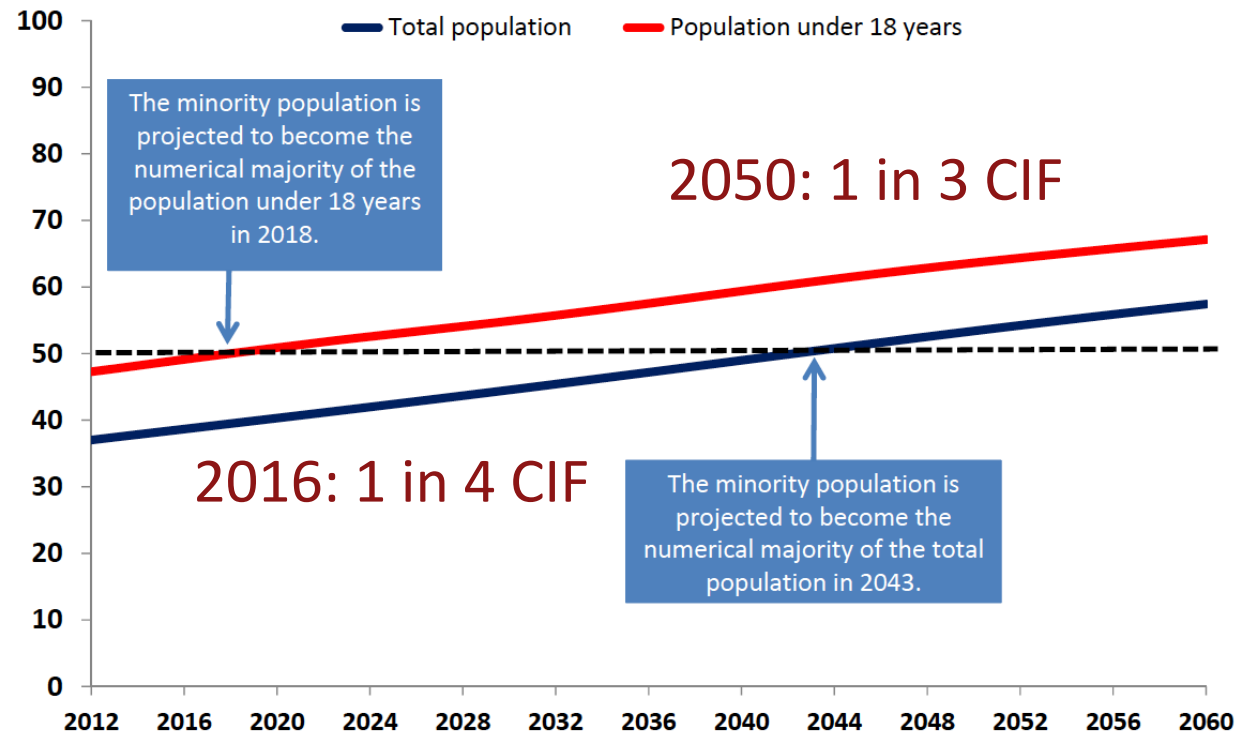
Changing Demographics of U.S.



Changing Face of America

Projections of the Percent Minority: 2012 to 2060

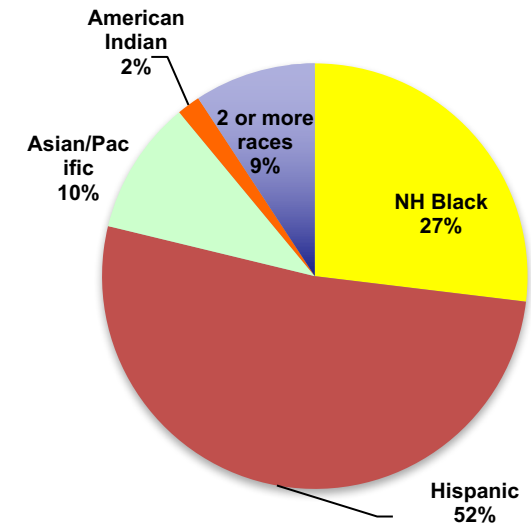
Percent of total population



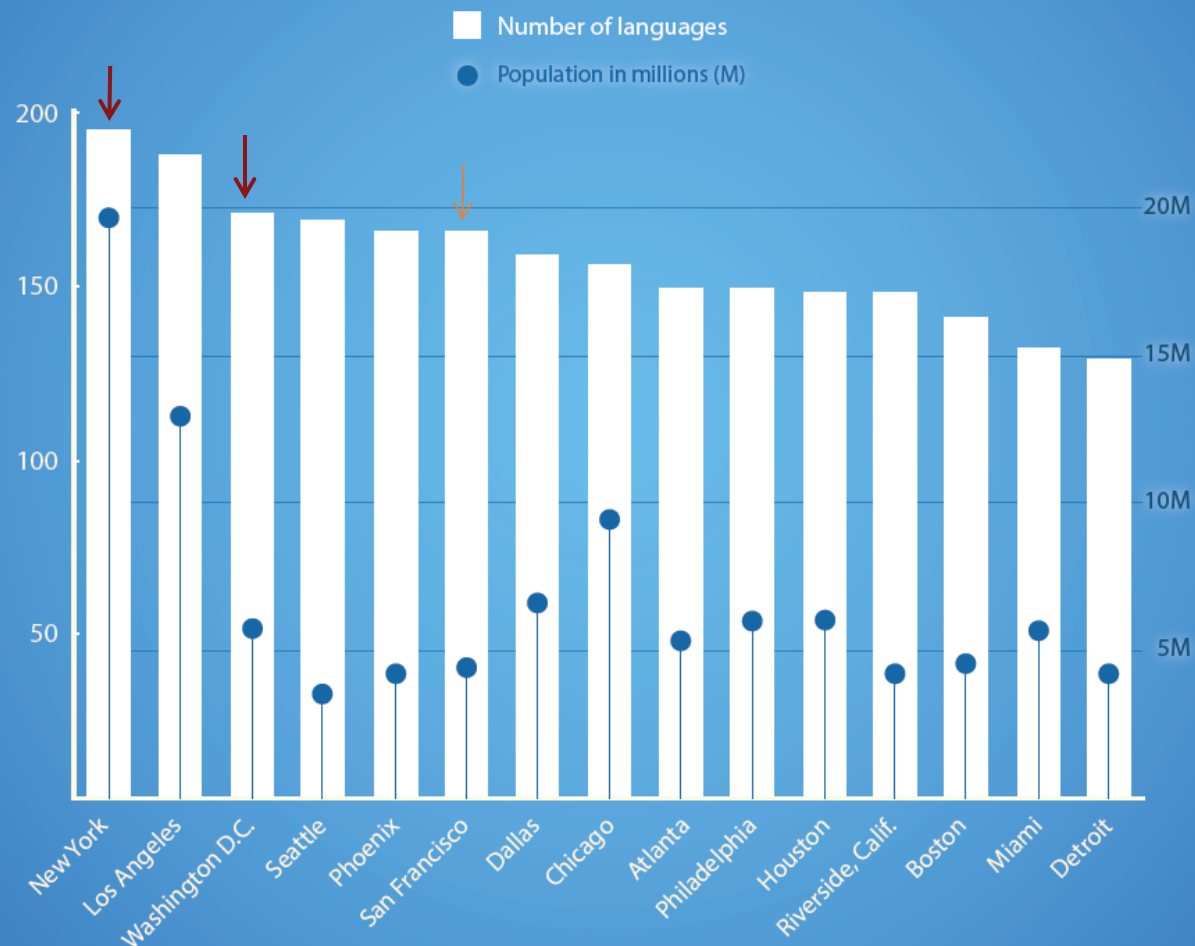
United States
Census
Bureau

U.S. Department of Commerce
Economics and Statistics Administration
U.S. CENSUS BUREAU

Minorities 2018



Number of Languages Spoken in the 15 Largest Metro Areas



Children with Unauthorized Parents Make Up 17 Percent of All Children in California

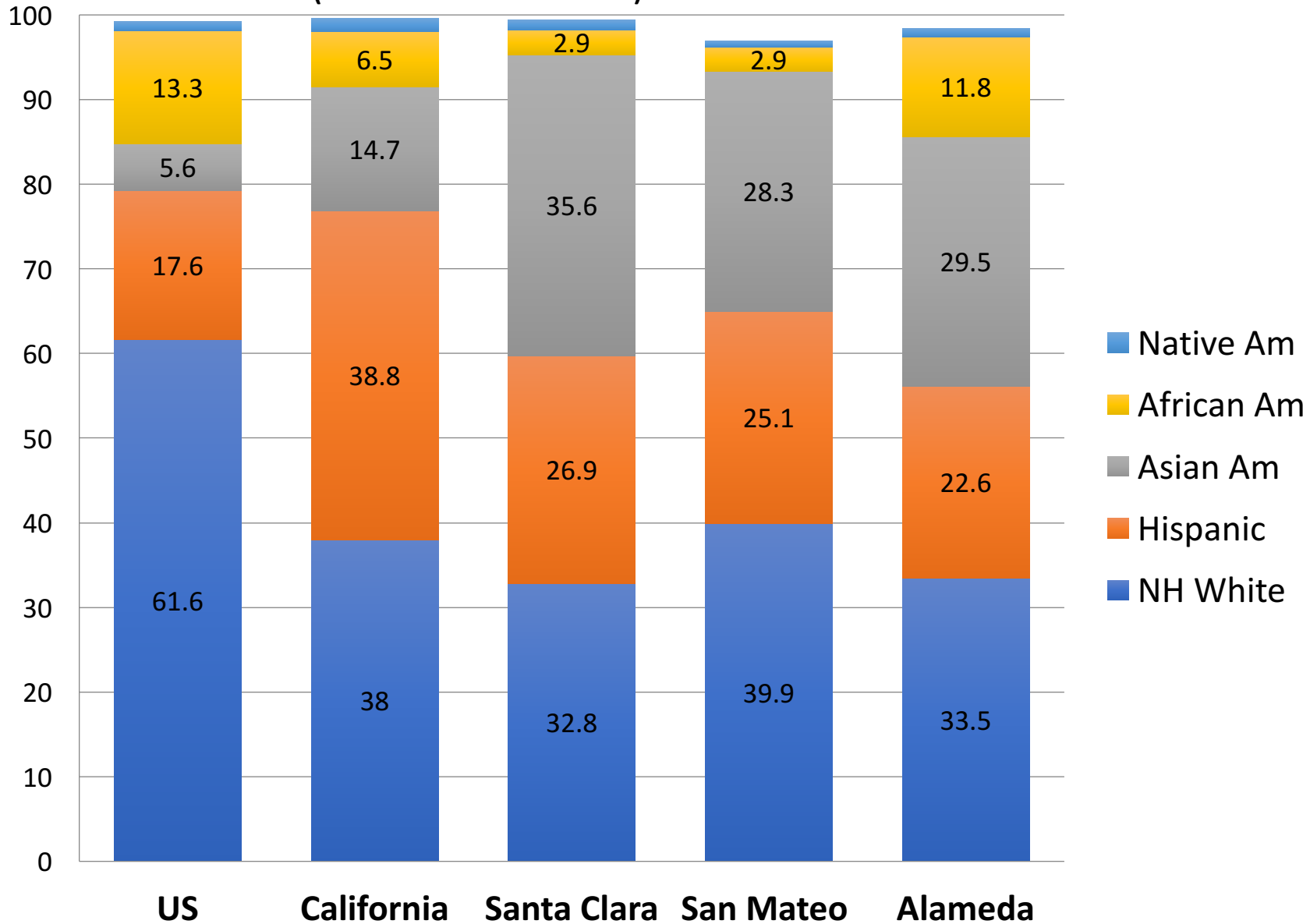
Ten States with Largest Populations of Children of Unauthorized Immigrants and their Shares of Overall Immigrant and Entire Child Populations, (%), 2009-13

State	Children of Unauthorized Immigrants	Children of All Immigrants	Total Child Population	Children of Unauthorized Immigrants as a Share of	
				Children of Immigrants (%)	Total Child Population (%)
United States	5,127,000	17,317,000	70,596,000	30	7
→ California	1,481,000	4,475,000	8,827,000	33	17
Texas	834,000	2,289,000	6,608,000	36	13
New York	293,000	1,449,000	4,112,000	20	7
Illinois	249,000	794,000	2,969,000	31	8
Florida	215,000	1,175,000	3,820,000	18	6
Georgia	188,000	467,000	2,373,000	40	8
North Carolina	179,000	381,000	2,176,000	47	8
New Jersey	168,000	697,000	1,970,000	24	9
Arizona	149,000	463,000	1,559,000	32	10
Washington	109,000	415,000	1,524,000	26	7

Source: MPI analysis of data from the 2009-13 ACS pooled and 2008 SIPP by Hammar, Bachmeier, and Van Hook.

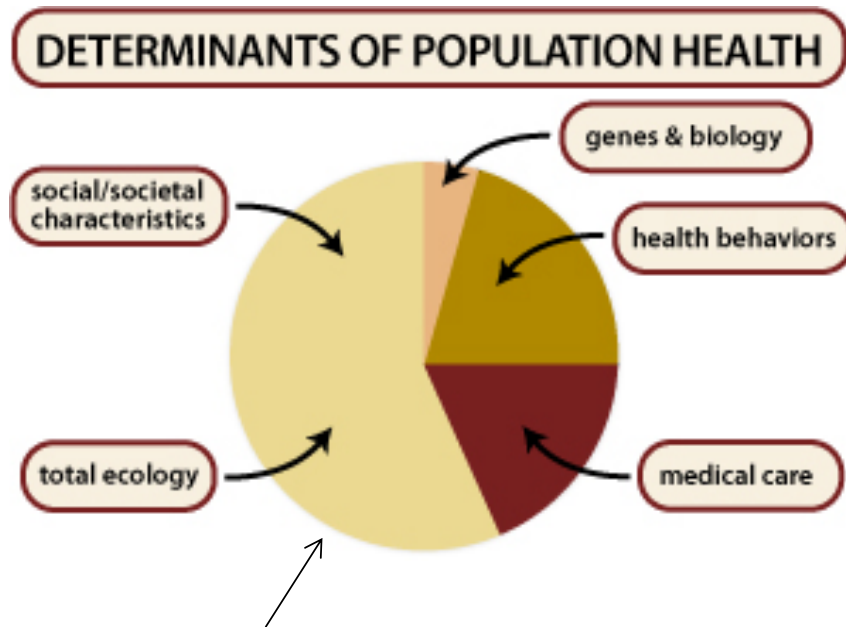
US Census 2015

(US Census Fast Facts 2016)



Social Determinants of Mental Health

WHO/CDC Model of Health



Adverse Childhood Experiences, Violence,
anti-immigrant messages and activities

Social Determinants

- Poverty
- Low education levels
- Race and ethnicity
- Culture differences
- Language and Literacy
- Societal “ISMs”
- Disenfranchisement from social institutions
- Immigration Policies

Cultural Barriers to Access

- Jeffrey Hutchinson, MD
 - Colonel, United States Uniformed Services University of the Health Sciences
 - Associated Dean and Chief Diversity Officer, USUHS
 - Board Certified in Adolescent Medicine
- Rania Awaad, MD
 - Clinical Assistant Professor, Department of Psychiatry and Behavioral Science
 - Director, Stanford Muslims and Mental health Lab
 - Clinical Director, Khalil Center
- Maricela Gutierrez
 - Director: Services, Immigration Rights & Education Network (SIREN)
 - SIREN advocating for Immigrant Rights since 1987