

# STANFORD KLINGENSTEIN FELLOWSHIP

Child & Adolescent Psychiatry Mentorship Program

Anita Kishore, MD [akishore@stanford.edu](mailto:akishore@stanford.edu)

## Direct Clinical Experience

The early years of medical training consist primarily of didactic instruction, an almost universal challenge for students who enter medicine desiring to help and interact with patients. To increase engagement with the field, we bring clinical psychiatry to preclinical students, who form relationships with patients and families.

## Weekly Lunch Seminar

In our weekly seminar course, we interview a patient and family one week, then offer a debriefing, Q&A session the following week. The seminar includes open discussion, addressing questions about specific interactions with the child, diagnoses, and therapies used for treatment. Responses to students' questions invariably address evidence-based approaches to assessment and treatment of specific disorders, such as depression, anxiety, eating disorders, autism, and attentional disorders.

## Annual Conference & Monthly Networking

The Annual Klingenstein Network Conference, funded by KTGF, was designed as a venue for medical students and child psychiatry faculty to come together on a yearly basis to exchange ideas and challenges, and share their passion for the field. The conference has included oral presentations, poster sessions, and social activities.

The University of Illinois at Chicago is hosting the National Medical Student Conference this year.



## What's Klingenstein?

The Klingenstein Third Generation Family Foundation (KTGF), a non-profit organization committed to children's mental health causes, has funded mentorship programs for medical trainees interested in the field of child psychiatry, with the ultimate goal of enhancing recruitment into the field and increasing access to psychiatric services for youth. The 14 U.S. medical schools that participate in this program form the Klingenstein Third Generation Foundation Network. These programs collaborate in various ways, including participation in the Klingenstein Network Annual Conference.



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Questions? Contact:

Anita Kishore, MD  
[akishore@stanford.edu](mailto:akishore@stanford.edu)

Christina Miranda, MS2, TA  
[cmirand@stanford.edu](mailto:cmirand@stanford.edu)

Taimur Kouser, MS2, TA  
[tkouser@stanford.edu](mailto:tkouser@stanford.edu)